

OCTOBER 2008

Sunday	MONDAY	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
<p>VOLUNTEERS WANTED Help us serve our patients, families and staff. CALL (213) 484-7328 For the opportunity of a life time!</p>		<p>Cancer Support Group—1-2:30p Dynamic Strength Training Cancer Patients – 2:30-3:30pm Korean Line Dancing Seton Hall – Gym – 3:30-4:30pm Casa Adults Aerobics –8-9pm</p>	<p>Healing Prayer Group P.O.B Ste,#501 CHH-12-1pm Movement & Stretching P.O.B Ste,#501 CHH-1-2pm Casa Adults Aerobics –8-9pm MHAP – El Salvador Consulate</p>	<p>Dynamic Strength Training Cancer Patient – 2-3p – Gym Korean Line Dancing Seton Hall – Gym – 3:30-4:30pm Dynamic Strength Training - 6- 7pm Casa Nutrition Classes 7:30-8pm- Casa Adults Aerobics –8-9pm</p>	<p>Casa de Amigos Parents Night 6:30-7:30 pm MHAP – Mexician Consulate</p>	<p>MHAP – Health Week Services Clinica San Miguel parking lot</p>
5	6	7	8	9	10	11
<p>Facts You should Know About: Hepatitis B Featured Speaker in Korean Dr. Ho Bae, Medical Director, APLC All Nations Church 2:30pm</p>	<p>Dynamic Strength Training Cancer Patients – 2-3pm Dynamic Strength Training Transplant Patients – 2-3pm Casa Adults Aerobics - 8-9pm MHAP – Mexican Consulate</p>	<p>Cancer Support Group—1-2:30p Dynamic Strength Training Cancer Patients – 2:30-3:30pm Korean Line Dancing Seton Hall – Gym – 3:30-4:30pm Casa Adults Aerobics –8-9pm MHAP Mini Health Fair El Salvador Consulate</p>	<p>Healing Prayer Group P.O.B Ste,#501 CHH-12-1pm Movement & Stretching P.O.B Ste,#501 CHH-1-2pm Casa Adults Aerobics –8-9pm</p>	<p>Dynamic Strength Training Cancer Patient – 2-3p – Gym Korean Line Dancing Seton Hall – Gym – 3:30-4:30pm Dynamic Strength Training - 6- 7pm Casa Nutrition Classes 7:30-8pm Casa Adults Aerobics –8-9pm MHAP Free Mammograms El Salvador Consulate</p>		<p>MHAP Health Fair Services LA Assembly member DeLeon</p>
12	13	14	15	16	17	18
	<p>Dynamic Strength Training Cancer Patients – 2-3pm Dynamic Strength Training Transplant Patients– 2-3pm Casa Adults Aerobics –8-9pm Auto Control De La Diabetes P.O.B Ste, # 502-2:00 – 4:30pm Look Good Feel Better Blue Room Seaton Hall</p>	<p>Cancer Support Group—1-2:30p Dynamic Strength Training Cancer Patients – 2:30-3:30pm Korean Line Dancing Seton Hall – Gym – 3:30-4:30pm Casa Adults Aerobics –8-9pm Diabetes Self Management Class P.O.B Ste, #502-2:00 – 4:30pm</p>	<p>Healing Prayer Group P.O.B Ste,#501 CHH-12-1pm Movement & Stretching P.O.B Ste,#501 CHH-1-2pm Casa Adults Aerobics –8-9pm</p>	<p>Dynamic Strength Training Cancer Patient – 2-3p – Gym Korean Line Dancing Seton Hall – Gym – 3:30-4:30pm Dynamic Strength Training - 6- 7pm Casa Nutrition Classes 7:30-8pm Casa Adults Aerobics –8-9pm</p>		<p>Hepatitis B Screening and Information AZPLC/KHEIR/ACS H. K. Valley Center 17621 Sherman Way, Van Nuys, CA 91406 10am-3pm</p>
19	20	21	22	23	24	25
	<p>Dynamic Strength Training Cancer Patients – 2-3pm Dynamic Strength Training Transplant Patients– 2-3pm Casa Adults Aerobics –8-9pm Auto Control De La Diabetes P.O.B Ste, # 502-2:00 – 4:30pm</p>	<p>Cancer Support Group—1-2:30p Dynamic Strength Training Cancer Patients – 2:30-3:30pm Korean Line Dancing Seton Hall – Gym – 3:30-4:30pm Casa Adults Aerobics –8-9pm Diabetes Self Management Class P.O.B Ste, #502-2:00 – 4:30pm</p>	<p>Healing Prayer Group P.O.B Ste,#501 CHH-12-1pm Movement & Stretching P.O.B Ste,#501 CHH-1-2pm Casa Adults Aerobics –8-9pm</p>	<p>Dynamic Strength Training Cancer Patient – 2-3p – Gym Korean Line Dancing Seton Hall – Gym – 3:30-4:30pm Dynamic Strength Training - 6- 7pm Casa Nutrition Classes 7:30-8pm- Casa Adults Aerobics –8-9pm</p>		<p>Archives Alive 3rd Annual Archives Bazarr USC Davidson Conference Center 10am-5pm</p>
26	27	28	29	30	31	
<p>Hepatitis B Screening and Information APLC/KHEIR Glory Church of Christ 1801 S. Grand Ave Los Angeles 9:30am-3pm</p>	<p>Dynamic Strength Training Transplant Patients– 2-3pm Casa Adults Aerobics –8-9pm Auto Control De La Diabetes P.O.B Ste, # 502-2:00 – 4:30pm</p>	<p>Cancer Support Group—1 –2:30p Dynamic Strength Training Cancer Patients – 2:30-3:30pm Korean Line Dancing Seton Hall – Gym – 3:30-4:30pm Casa Adults Aerobics –8-9pm Diabetes Self Management Class P.O.B Ste, #502-2:00 – 4:30pm</p>	<p>Healing Prayer Group P.O.B Ste,#501 CHH-12-1pm Movement & Stretching P.O.B Ste,#501 CHH-1-2pm Casa Adults Aerobics –8-9pm</p>			

Community Benefits Resources

Asian Pacific Liver Center (APLC)	(213) 207-5793
Cancer Support Group	(213) 484-5528
Casa Adult Aerobics	(213) 353-9700
Casa de Amigos de San Vicente	(213) 353-9700
Center For Health & Healing	(213) 484-5528
CHH – Movement & Stretching Therapy	(213) 484-5528
Diabetes Support Group	(213) 484-7873
Health Benefit Resource Center and General Information	(800) 474-1811
Look Good Feel Better Program	(213) 413-7385
Multicultural Health Awareness and Prevention Center (MHAP Center)	(213) 484-7385
MHAP Center - Korean Line Dancing	(213) 484-7385
MHAP Center - Strength Training Exercise	(213) 484-7385
SVMC Historical Conservancy	(213) 484-7940
SVMC - MHAP Center Mobile Mammography Program	(213) 413-7385
SVMC Physician Referral	(866) 478-8462
SVMC Volunteer Services	(213) 484-7328
SVMC Spiritual Ministry Services	(213) 484-7024